

Sep 9 **Coffee, Chat and Thought for the Day** with Jason Humphreys

Sep 16 **i AM SM 1** – ‘I am someone, but more than the SUM of my parts’ is a concept by Immanuel Gaskin from Sutton. He is an architect, who spends his spare time promoting Arts in the Community, often creating artwork featuring local buildings. Immanuel will talk about being a Carshalton Artists Open Studios artist, and a part of Sutton Writers and the Arts Network Sutton.



Sep 23* **Harvest Service** – Join us in giving thanks at a short Harvest Festival Service followed by lunch together, in the back hall. Optional food donations will be collected for Sutton Community Works Foodshop. Details will follow.



Sep 30 **Sutton Women's Centre** was established more than 30 years ago, to work with women across the London Borough of Sutton with a focus on supporting those who are surviving domestic abuse. We will hear how they offer counselling, classes & courses to help support and empower women.



Oct 7 **Coffee, Chat and Thought for the Day** with Robert Dibdin

Oct 14 **Coffee, Chat and Thought for the Day** with Nikki Humphreys

Oct 21 **Heralds, Heraldry and Coats of Arms talk by Roger Duckworth.** Roger is returning to Cameo to talk about what it says on the tin. Perhaps you have a coat of arms family crest?



Oct 28 **Coffee, Chat and Thought for the Day** with Mark Constantinou

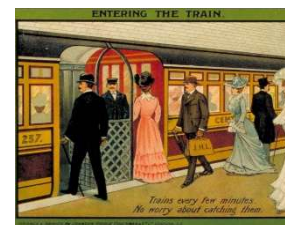
Nov 4 **The Springs of Carshalton talk by Peter Wakeham.**



We will discover how the springs that formally flowed in Carshalton influenced the development of the village and surrounding area, plus the history of Carshalton Ponds and the 18th century landscaping undertaken in Carshalton Park.

Nov 11 **Coffee, Chat and Thought for the Day** with Brian Adams

Nov 18 **London's Transport Heritage** talk by Barry LeJeune, who had a 37-year career with London Transport and is now a Trustee of the London Transport Museum Friends. He will give a brief history of London's bus and Underground operations and explain how the museum promotes interest in the capital's transport heritage.



Nov 25 **Christmas Craft** with Rachel, as we enter the Christmas season, with mince pies and mulled wine. Rachel will help us create something special for our own home or to help decorate the church.



Dec 2 **“Getting to Know You, Getting to Know all about you”** – as sung in the King and I, we will get to know more about Cameo members with a short, kind interview. No need to decamp to Brian & Alison’s this year, as we will be meeting at the church instead.

Dec 9* **Christmas Silver Service followed by lunch together**



We will celebrate Christmas with a short service, including your favourite carols, followed by a Christmas lunch together. There will be a cost for the lunch at Sutton Bowls Club in Belmont. Details to follow.

Dec 16 – Dec 30 **Cameo Christmas break**

Jan 6 2027 **Cameo returns with a new programme**

Christmas Services at Chiltern Church

To which you and your family are warmly welcome



6 Dec 4pm Messy Church
13 Dec 4pm Kids Christmas & Nativity
20 Dec 6pm Carols by Candlelight,
followed by refreshments
25 Dec 10.30am Christmas Day



83 Chiltern Road, Sutton, SM2 5QY

CAMEO SENIORS PROGRAMME

September to December 2026

Wednesdays at 10.30 am

Usually finishes at 11.30am, except dates indicated with a * will finish later. A suggested donation of £1 to £2 per week help us cover the cost of speakers and other expenses. There is no charge unless indicated on the programme. The programme is subject to unavoidable changes.



Our visit to the Diamond Riding Centre in June

For further information, please contact:

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CAMEO at Chiltern Church

Programme: Kerena 07967 187070

Coffee rota: Pauline 07897 278689